



"For the most part, we are able to help most patients to recognize, treat and avoid problems," Tolber says. "In addition, we are in the process of becoming a center that does clinical research as well."

When not in the office, Tolber is catching fresh powder on his skis, clicking his camera's shutter away, or penning a short story or two with his wife, Louise Campbell-Tolber.



DERMATOLOGY

David Carey, M.D., F.A.A.D.

Rio Grande Dermatology

12241 Academy Road NE Suite 204

896-2900, riograndedermatology.com



BETWEEN BOATING, CAR RACING and building creative LEGO creations with his 7-year-old son, David Carey appreciates the importance of good dermatology care everyday. When he was a 24-year-old medical student, his personal experience with melanoma left him "horrified and humbled"—but he believes it made him a better doctor.

"I think my experience as a dermatology patient makes me a better dermatologist," Carey says. The incidences of skin cancer in New Mexico is one of the highest in the nation, and Carey says patients need to remember dermatologists are focused on more than just cosmetic concerns.

"Patients should be reminded that for skin care detection, evaluation and treatment of complicated skin rashes, or any other medical problem of the skin, nails or hair, dermatologists are the authorities on these conditions," Carey says.

Though sunscreen may not be the ultimate protector against skin cancer, Carey advises to never go without it.

"There is no doubt that sunscreen does diminish the risk of developing more common forms of skin cancer that I diagnose and treat every single day in clinic," Carey says. "I wish that people would be better about sunscreen usage and get their vitamin D from supplements or food."

OPHTHALMOLOGY

Mark Chiu, M.D.



Eye Associates of New Mexico

806 Dr. Martin Luther King Jr. Ave. NE

842-6575, eyenm.com

MARK CHIU WAS searching for jobs around Texas after he completed his retina fellowship. After all, he grew up in Texas.

But Texas was going through an oil recession at the time. "The practices in Texas were not all that busy," he says.

He broadened his employment search throughout the Southwest and included the Land of Enchantment. And that's definitely a good thing for the eyeballs of Albuquerque. He has now been working as a retina specialist for the Eye Associates of New Mexico since 1988.

And he'll be the first to tell you how closely your eyes and heart are related. Clogged arteries aren't the only downfall from too much fried foods. Eat too much Kentucky Fried Chicken and you may not

be able to read your Ernest Hemingway novels quite as fast. "What is good for the heart is also good for the macular area in the retina, which is where you have your central reading vision," says Top Doc Mark Chiu.

Although Chiu has much love for the Duke City and its amazing weather, he doesn't mind traveling the world to go scuba diving. He has tested the waters of the Caribbean, Hawaii, Grand Cayman Islands, and Bonaire. "I'll have to do Tahiti one of these days," he says.

When Chiu, who is also the President of the New Mexico Medical Society, is not studying the human eye or swimming with sharks, you might catch him hitting the slopes. Some of his favorite ski spots are Durango Mountain Resort, Breckinridge, and Taos.

