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HIGH DESERT DERMATOLOGY
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20 YEARS IN PRIVATE PRACTICE
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Dermatology

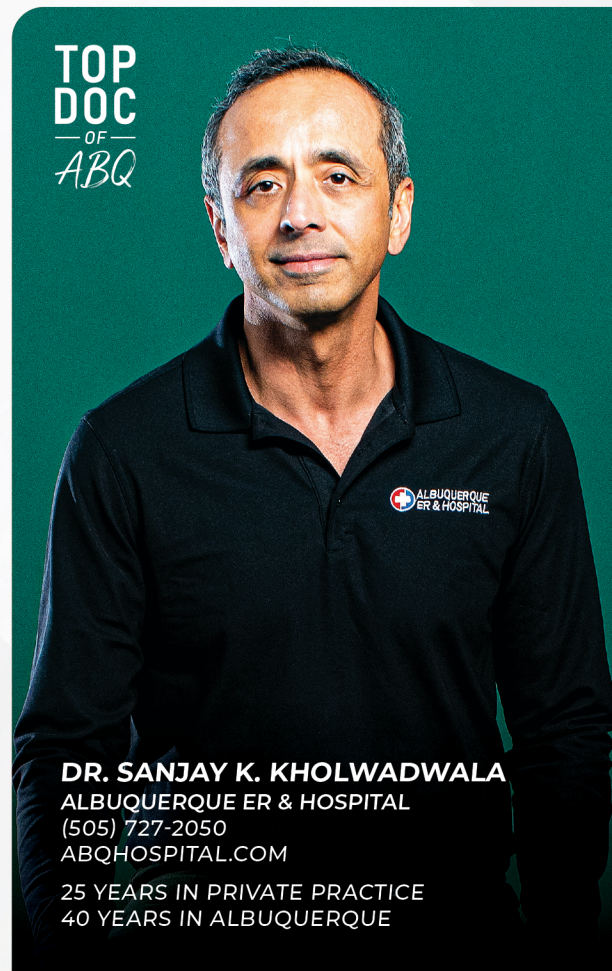
#1 PIECE OF HEALTH ADVICE FOR PEOPLE IN THEIR 30S REGARDING YOUR SPECIALTY? If you aren't already implementing sun-protective measures, start doing so right now! Also, have your PCP or someone like me take a look at your skin every few years to make sure that you haven't developed a skin cancer that you hadn't noticed. **WHAT FORTHCOMING TECHNOLOGICAL ADVANCEMENT IN YOUR AREA OF SPECIALTY ARE YOU EXCITED ABOUT THAT WILL BENEFIT FUTURE PATIENTS?** The so-called "biologic" class of medications has revolutionized the treatment of various dermatologic conditions that were previously very challenging to treat. **THE SO-CALLED FAUCI EFFECT (MORE INTEREST IN HEALTHCARE CAREERS, SPURRED BY COVID-19) SAW AN 18 PERCENT INCREASE IN MEDICAL SCHOOL APPLICANTS IN 2021. WHAT WILL THIS MEAN FOR FUTURE PATIENTS?** Any positive motivating force that encourages compassionate, dedicated, and intelligent people to pursue a career in medicine is a good thing! **IF YOU COULD GO BACK IN TIME 25 YEARS AND GIVE YOURSELF ONE PIECE OF HEALTH ADVICE, WHAT WOULD IT BE?** The one piece of medical advice that I would give myself would be to floss more often, wear even more sunscreen, eat more vegetables, and don't have a third glass of wine sometimes on Saturday because that always makes you feel poorly on Sunday. **COMPLETE YOUR OWN ENDING TO THE SAYING "AN APPLE A DAY..."** An apple a day is the smart, healthy, medically-wise choice that I know I'm supposed to make, but I usually eat a cookie instead! **MOST REALISTIC MEDICAL SHOW ON TELEVISION, PAST OR PRESENT?** Though I know it's not a TV show, I would say that Rambo is the most medically realistic program that you can watch on TV.

ALSO IN THE TOP 3 FOR DERMATOLOGY: Suraj Reddy, Aimee Smidt

Emergency Medicine

HAS THE AVAILABILITY OF HEALTH-RELATED INFORMATION ON THE INTERNET HELPED OR HARMED THE WAY PATIENTS SEEK CARE? I think it has helped patient care. Patients are more knowledgeable and it promotes discussion between the physician and the patient to address patient concerns. **#1 PIECE OF HEALTH ADVICE FOR PEOPLE IN THEIR 50'S REGARDING YOUR SPECIALTY?** Exercise regularly, eat healthy, get a good night's sleep, moderate your alcohol intake, and see a physician for routine screenings. **MOST MEMORABLE MEDICAL SITUATION?** I reduced a dislocated elbow at a family picnic. I also placed a tube in a patient involved in a car accident on the highway during my training as a flight physician. **THE SO-CALLED FAUCI EFFECT (MORE INTEREST IN HEALTHCARE CAREERS, SPURRED BY COVID-19) SAW AN 18 PERCENT INCREASE IN MEDICAL SCHOOL APPLICANTS IN 2021. WHAT WILL THIS MEAN FOR FUTURE PATIENTS?** Over the next decade, a significant physician shortage is predicted. Increasing physicians will help improve patient access to medical care. **STUDYING MEDICINE THEN VS. NOW. WHAT'S THE DIFFERENCE?** The major difference is the technology. I spent hours reading and researching in the library. Now with the internet, there is instant access to medical research and studies. **IF YOU COULD GO BACK IN TIME 25 YEARS AND GIVE YOURSELF ONE PIECE OF HEALTH ADVICE, WHAT WOULD IT BE?** Work less and spend more time with the family. I missed years of quality time with my kids. **ARTIST WHOSE MUSIC WE'D HEAR THE MOST IN YOUR WAITING ROOM:** I find nature sounds comforting.

ALSO IN THE TOP 3 FOR EMERGENCY MEDICINE: Jon Fleming, Jere Disney



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25 YEARS IN PRIVATE PRACTICE
40 YEARS IN ALBUQUERQUE